

JALC-TRI-FESTA

LOGAN
FITNESS



Saturday, May 27th, 2023 - 8:00 AM

LOCATION: John A. Logan College - Carterville, IL

AWARDS: Trophies for overall winners, heavy medals for 1st-3rd place in each age group and the team categories
Age groups: 14 & Under, 15-19yrs, 20-24yrs, 25-29yrs, 30-34yrs, 35-39yrs, 40-44yrs, 45-49yrs, 50-54yrs, 55-59yrs, 60-64yrs, 65-69yrs, 70+yrs

COST: Individual = \$50, Team of 2 or 3 = \$100

SIGN-UP: **Online:** at runsignup.com (online registration ends May 26th)
In-person: at JALC Logan Fitness / check-in desk
Mail to: John A. Logan College, 700 Logan College Road, Carterville, IL 62918, Attention: Gretchen Kohlhaas

INFORMATION: Call Kassi Jones at (618) 985-2828, ext. 8557

REGISTRATION: 6:30AM
Tent in JALC Parking Lot

PRE-RACE MEETING:
7:45AM LF Pool Side

AWARDS AND FOOD:
Following Race

RACE ENDS:
12:00PM

Full Name: _____ Age: _____ Date of Birth: _____

Full Address: _____

(As of 5/27/23) Month/Day/Year

E-Mail Address: _____ Phone #: _____

Category: Individual Male Individual Female Para-Athlete
 Team Male/Male Team Female/Female Team Co-Ed

T-shirt size: SM MD LG XL XXL 3XL

I hereby release John A. Logan College, all race officials, and workers involved, from responsibility for any damages or injuries incurred during or arising out of participation in the JALC Tri-Festa Triathlon and further state that I have trained for and am physically competent to participate in a race of this distance.

Signed _____ Dated _____
(participant or parent/guardian signature if under 18 years of age)

JALC Tri-Festa registration must be received by May 11th for participant to be guaranteed a t-shirt. Please make checks payable to JALC.